

News & Notes

Love is in the Hair



PROCEEDS FROM DINNER/AUCTION SURPASS GOAL

Luther Manor Foundation's second annual dinner/auction, held on February 20, packed the Faith and Education Center, spread the message of Luther Manor's mission, and exceeded the fundraising goal. By the end of the evening, the foundation raised over \$65,000!

A portion of the proceeds benefit the Resident Support Fund, enabling many of our residents who have outlived their resources to continue living at Luther Manor. Luther Manor Foundation raised \$48,850 at the event for this critical cause.

Additionally, the event raised \$16,917 for The Salons at Luther Manor. As a result, the campaign for The Salon at the Courtyards is officially closed! Today, residents in The Courtyards enjoy a beautiful new space of wellness and beauty. The foundation now turns their attention to the Salon at The Terrace. With the remaining dinner auction profits, they will soon kick off the campaign to create a similarly beautiful space for residents in independent living.

Thank you to all who participated in the 2025 event, including attendees, volunteers, and donors. Your support made this all possible!



More photos on page 8

GET TO KNOW YOUR NEIGHBOR

Mary Ann Moran

By Sharon Porfilio, Terrace Resident

Mary Ann Moran (G102) has been a part of Luther Manor for many years. A Milwaukee native, she was born on January 24, 1951. She attended St. Michael's Grade School and graduated St. John's Cathedral High School in 1969.

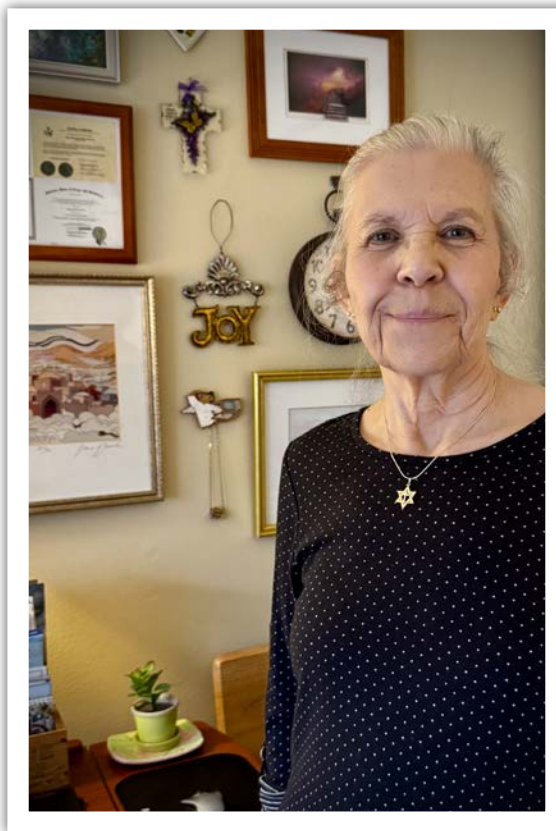
Mary Ann felt called to attend Sacred Heart School of Practical Nursing. After graduation, she worked in various areas of a hospital for ten years in Wisconsin and two in Las Vegas.

In 1983, Mary Ann came to Luther Manor to work as an LPN (licensed practical nurse) for thirty years, working mostly in the health center and end stage dementia.

In 1995, while working at Luther Manor, Mary Ann's ministry began. After sitting with a resident as he passed away, she along with a few others, realized there was a need for this type of ministry. This was before the days of hospice. The group started sitting with residents for two-hour periods on their own time. Soon, Terrace residents and volunteers joined them. It took off so quickly that they needed to get it organized. In time, it turned into a full-blown ministry called "The Abider's Ministry." In 1997, Luther Manor received the "Innovation of the Year Award."

While working at Luther Manor, Mary Ann started with a seven-year prayer group which included off the clock staff, Terrace members, and a few outsiders meeting in the Meditation Chapel located below the Green Room in the I building. It was a powerful group of prayer warriors who held up Luther Manor for many years.

She did some traveling in the United States and a few places in Mexico. It was God who sovereignly led her to Tabernacle of Meetings where she had been a vital part of intercession and teaching at the church as well as



serving in other ministerial capacities. By the hand of God, she was privileged to travel to Israel in both 1997 and 1998 for the Feast of Tabernacles attended by 5,000 guests from 100 nations, sponsored by the International Christian Embassy in Jerusalem. Mary Ann looks ahead with a sense of expectation for what God will do in the months and years to come as she serves Him through this Body of Believers. May God's anointing continue to flow in and through you, Dr. Mary Ann, to the glory of His Name!

After returning to Wisconsin, the Lord led Mary Ann to leave Milwaukee and move to Pewaukee where she lived for fifteen years

serving in two local churches. By the grace of God and the help of Luther Manor through tuition reimbursement and the Baylor Program, a scheduling option that allowed her to work every Friday, Saturday and Sunday for six years, she was able to attend For His Glory Bible College.

In 2005, Mary Ann received a Bachelor of Ministry, followed by her Ordination through Shalom Ministries in Des Moines, Iowa. She received a Master in Divinity in 2007. In 2008, once again, Mary Ann stepped out with the backing of Sister Rose (a former Deaconess resident), offering to teach a ten-hour women's retreat on "Song of Songs." She came in on her days off for five two-hour sessions in the Hearth Room. In 2009, she received her Doctorate in Nouthetic (biblical) Counseling, where she focused on "taking off the old man and putting on the new," speaking to God's call to Christians to get rid of their old, sinful way of life, and replace it with a new life and way of thinking made possible by the Holy Spirit living in all of us.

Continued on page 8

What does a Chief Clinical Officer do? A Chief Clinical Officer is a senior healthcare executive responsible for overseeing all clinical operations within a healthcare organization

Where were you born and raised and where did you attend school? I was born and raised in Zion, IL and graduated with my Bachelor of Science in Nursing (BSN) from Auburn University of Montgomery in Montgomery, AL

Have you received any scholastic or professional awards? I graduated Cum Laude (top of my class). I graduated with a Master of Business Administration (MBA) from Walden University, Minneapolis, MN. Later I received the following: LNHA, Nursing Home Administrator which means any individual responsible for planning, organizing, directing and controlling the operation of a nursing home.

Do you have any children or pets? I have three adult children, 3 dogs and 2 cats.

How do you spend your free time away from Luther Manor and what hobbies do you have? When I am not at work, I like to spend quiet time with my family. I love to garden and have landscaped my entire yard. I also have a vegetable garden which allows me to preserve food.

Please tell us about your job.

I've worked at Luther Manor for 3 years. I oversee all clinical programs, including the Health Care Center, Assisted Living, Supportive Living, and Hospice. I am responsible for the quality and efficiency of clinical operations and developing clinical protocols to ensure compliance with regulatory agencies. I coach and mentor clinical leaders and foster superior-quality resident care.

Who do you work for and with? My boss is Stephanie Chedid and work closely with Chief Financial Officer, Art Keup and Chief Resident Experience Officer, Patrick Hansen.



GET TO KNOW THE STAFF OF LUTHER MANOR

KAREN GIBBS, BSN, MBA, LNHA
CHIEF CLINICAL OFFICER

Do you have meetings? Yes, I take part in strategic Planning, and Quality Assurance and Improvement meetings.



Is there anything else you want to add to tell the readers about your work so we can better understand your role at Luther Manor? I am privileged to have the opportunity to positively impact the lives of older adults by providing quality care and companionship. My focus is to ensure that Luther Manor clinical services provide exceptional care by people who truly care.

Thank you so much for contributing to the Terrace newsletter, Karen Gibbs. We all appreciate all that you do!



From the editor

Karen begins her daily meetings with a quote or inspiration. She recently shared this one from Booker T. Washington:

"If you want to lift yourself up, lift up someone else."

MINDFUL SCOOP

National Nutrition Month



**Food
Connects Us**

2025 NATIONAL NUTRITION MONTH®
A Campaign by the Academy of Nutrition and Dietetics

March 2025 marked National Nutrition Month®, with the theme “Food Connects Us,” emphasizing the role of food in



MEDITERRANEAN VEGGIE WRAP

bringing people together across cultures. One of the best examples of this concept is the Mediterranean diet, which not only promotes health but also fosters a strong sense of community through shared meals.

The Mediterranean diet, inspired by the eating patterns of countries like Greece, Italy, and Spain, is rich in fruits, vegetables, whole grains, lean proteins, and healthy fats like olive oil. Numerous studies have shown that this diet reduces the risk of heart disease, diabetes, and cognitive decline. However, beyond its nutritional benefits, it also highlights the importance of eating together as a social and cultural tradition.

In Mediterranean cultures, meals are a communal experience, often enjoyed with family and friends. This practice encourages mindful eating, reduces stress, and strengthens relationships. Sharing meals fosters deeper connections, enhances well-being, and even contributes to longevity, as seen in “Blue Zones.” Blue Zones are areas around the world where people live exceptionally long and healthy lives and communal eating is a key aspect of life across the various cultures.

This National Nutrition Month®, embracing the Mediterranean approach by enjoying meals with loved ones can enhance both physical and emotional health. Food truly connects us, making every meal an opportunity for nourishment and togetherness.



CHICKPEA & FARRO STEW

HEARTS & HANDS

Volunteer & Donor Center

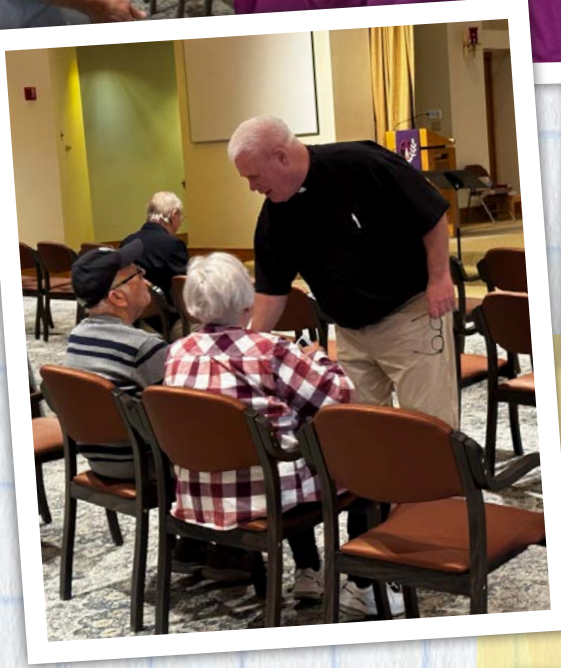
Luther Manor is proud to announce a new hub for our volunteers and donors! Located in the former Little Shoppe on the main floor by the Courtyards, this new center will be central to everyone who supports us through their donations and volunteerism. The previous volunteer center on the lower level is currently unoccupied, but ideas as to how to use it next are already being formed! Next time you're near the south end of the Courtyards, pay a visit and ask Dana all about what she and the Foundation have planned for this new space!



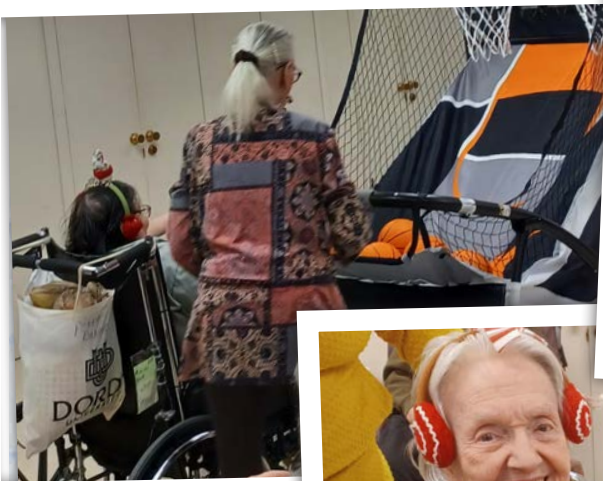
What's Happening @



LUTHER MANOR



(ABOVE) Ash Wednesday 2025 saw three opportunities for residents and staff to worship in our Faith & Education Center: two Lutheran services and one Catholic Mass. Courtyards resident, Father Steve Amann, officiated his first Catholic Mass at Luther Manor on Ash Wednesday and will continue delivering Catholic Mass every Sunday at 2 pm in the F&E.



(ABOVE & LEFT) Thanks to a recent donation by the Frailing family of a duo-basketball hoop setup, our residents have found a new way to exercise and increase their arm strength!

One of our Health Care Center residents, Roy, was most interested in how soon the donation would be set up and ready for shooting! Roy enjoys watching professional basketball on TV but wanted to shoot the ball himself again! Way to go, Roy!



For more, find
Luther Manor on Facebook!
facebook.com/luthermanorwi

Spring AHEAD



& Get The Help & Support You Need!

Over time, everyone's needs change. At Luther Manor, we make it easy for you to continue to live independently in your apartment home. Our personal assistants and CNAs can help with showers, laundry, and meals. Our nurse can manage your medications.

You can use our flexible, affordable services for a month, a few months or on a continuous basis. It's up to you. For convenience, service fees are added to your monthly bill. Best of all, our supportive living program includes additional dining credit in our restaurants to ensure optimal nutrition when you need it most.

- Staff available 24/7
- Health monitoring and nurse consultation
- Monthly housekeeping
- Help with laundry
- Change bed linens weekly
- Prepare light meals
- Clean refrigerator
- Daily trash and recycle removal
- Wash dishes
- Tidy up
- Help with compression socks and stockings
- Assist with bathing, dressing and grooming
- Manage medications, oxygen and incontinence
- Daily reassurance checks
- Cord-Mate help button
- Additional dining credit to use in our restaurants
- Licensed RCAC (Residential Care Apartment Complex)

Contact Stephanie at the Supportive Living Office; ext 55070

OUR FUNNY (& SPECIAL) VALENTINES

CELEBRATIONS IN THE TERRACE, COURTYARDS & GARDENS

One of the things our residents most enjoy are special dinners and occasions that focus on special days and events - days like Valentine's Day!

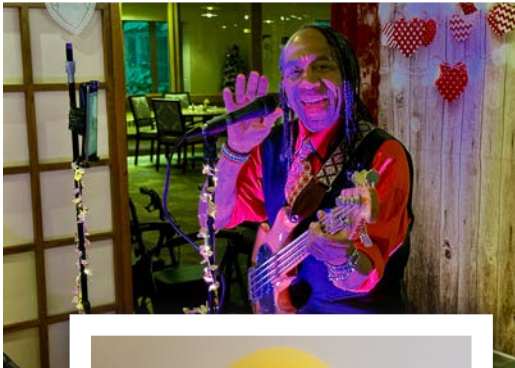


Our Terrace independent living residents were invited to a Valentine's Day dinner featuring a special menu and a guest musician. Dinner options included Plant Based Pasta Marinara, Spaghetti and Meatballs, or Medallions of Beef with Sour Cream Mashed Potatoes. Each dinner included Caesar Salad, Garlic Toast, and a Bahama Vegetable Blend. We can't forget dessert either, which was Key Lime Pie!

The residents of The Courtyards (assisted living community) and The Gardens (memory care community) enjoyed pizza, cookies, drinks, laughter, and some live music by Jerry Stephani.

We would also like to thank Windy Lindy Clowns, which made and delivered 50 "Buddy the Balloons" for residents to enjoy (25 went to the Terrace & 25 went to the Courtyards). Thank you, as well, to the Wauwatosa Health Department who donated the heart-shaped cookies (placed by everyone's door) that were given to them by the AARP.

The purple Valentines you see pictured were made by our residents. All Courtyards residents and staff received a Valentine (also placed by their doors).



"Love Is In The Hair" continued from page 1



"Get To Know Your Neighbor" continued from page 2

Mary Ann is not only a Reverend now but also a Bible teacher.

In 2012, the LORD called her to Myrtle Beach. For nine years, she ministered in two different churches. In 2021, Mary Ann turned 70 and realized her work in South Carolina was finished. It was time to return to Wisconsin.

In August 2021, she moved into Luther Manor to live as a resident in the Terrace. Shortly after, Mary Ann taught a

class on the Holy Spirit in the Sycamore Room. She continues to pray and serve the Lord as the Spirit of God leads her daily.

Mary Ann, I learned so much about you today. I'm very pleased to call you my friend. Thank you for sharing it to all residents and staff at Luther Manor so that they too can get to know you.

PS: Mary Ann should be recognized as a Doctor in her title, but she would rather just be called Mary Ann.